

RIVERVIEW SKATING CLUB

OCTOBER TO MARCH 2010/2011

MONDAY		FRIDAY	
4:00 - 4:30	Sr A & B Skills	3:45 - 4:30	Int Free
4:30 - 5:15	Sr A & B Free	4:30 - 5:00	Int Skills
5:15 - 5:45	Sr A & B Dance	5:00 - 5:45	PreNovice Synchro
5:45 - 6:00	Flood	5:45 - 6:00	Flood
6:00 - 6:45	CanSkate	6:00 - 6:45	Sr A & B Free
6:45 - 7:45	PowerSkate	6:45 - 7:15	Sr A & B Skills
TUESDAY		SUNDAY	
4:45 - 5:15	Sr A & B Dance	1:00 - 2:00	Juniors
5:15 - 5:45	Sr A & B Free	2:00 - 2:30	Int Dance
5:45 - 6:00	Flood	2:30 - 2:45	Int Stroking
6:00 - 6:45	KidSkate	2:45 - 3:15	Int Free
6:45 - 7:15	Int Dance	3:15 - 3:45	Int Skills
7:15 - 7:45	Int Free	3:45 - 4:00	Flood
WEDNESDAY		4:00 - 4:45	Beginner 2 Synchro & Elementary Synchro
4:00 - 4:15	Jr Skills	4:45 - 5:00	Sr A & B Stroking
4:15 - 4:45	Jr Free	5:00 - 5:45	Sr A & B Free
4:45 - 5:00	Jr Dance	5:45 - 6:15	Sr A & B Dance
5:00 - 5:45	Sr A & B Free	6:15 - 6:30	Flood
5:45 - 6:00	Flood	6:30 - 7:30	Ice Breakers
6:00 - 6:45	CanSkate		
6:45 - 7:45	Ice Breakers Plus		
THURSDAY			
4:00 - 4:15	Sr B Stroking		
4:15 - 5:00	Sr B Free		
5:00 - 5:15	Int Stroking		
5:15 - 6:00	Int Free		
6:00 - 6:45	KidSkate		

