

**2023 SPRING - Mar 27-Apr 29, 2023**

Riverview Skating Club - Lower Rink

Monday	
4:00-5:45	Competitive/Star 6+
5:45-6:00	Flood
6:00-6:45	Canskate
6:45-7:45	Star 2/3
6:45-7:45	Star 4/5

Tuesday	
4:30-6:00	Star 2/3
4:30-6:00	Star 4/5
6:00-6:15	Flood
6:15-6:45	Pre-Canskate
6:45-7:45	POWER Skating
7:45-8:00	Flood
8:00-9:00	icebreakers Adult FS

Wednesday	
4:00-5:45	Competitive/Star 6+
5:45-6:00	Flood
6:00-6:45	Canskate
6:45-7:45	Jumpstart /Star 1
6:45-7:45	Star 2/3

Thursday	
4:00-6:00	Competitive/Star 6+
6:00-6:15	Flood
6:15-6:45	Pre-Canskate
6:45-7:45	POWER Skating
7:45-8:00	Flood
8:00-9:00	icebreakers Adult FS group lesson

Friday	
4:00-6:00	Competitive/Star 6+
4:30-6:00	Star 4/5

Saturday	
9:00-10:30	Star 2 to 5
10:00-11:00	Jumpstart /Star 1
11:00-11:15	Flood
11:15-1:15	Competitive/Star 6+
1:15-1:30	Flood
1:30-2:30	Conditioning Class(Edges, turns and power) For FS Star 4 to Adult