

Fall 2023 final schedule

**5 week Fall Session Tuesday Sept 5 to Saturday Oct 7**

Monday

**4:00-8:15**

4:00-5:45	Competitive/Star 6+
5:45-6:00	Flood
6:00-6:45	Canskate
6:45-7:45	Star 4/5
7:15-8:15	Star 2/3

Friday

**4:00-8:30**

4:00-6:00	Competitive/Star 6+
6:00-6:15	Flood
6:15-7:00	Canskate
7:00-8:30	Star 4/5

Tuesday

**4:30-9:00**

4:30-6:00	Star 2/3
6:00-6:15	Flood
6:15-6:45	Pre-Canskate (ages 3-5)
6:45-7:45	Star 4/5
7:45-8:00	Flood
8:00-9:00	Icebreakers – Adult FS

Saturday

**8:00-3:00**

8:00-9:00	Star 2/3
9:00-9:15	Star 2 to 5 synchro
9:15-9:30	Flood
9:30-10:30	Star 4/5
10:30-11:30	Jumpstart /Star 1
11:30-11:45	Flood
11:45-1:15	Competitive/Star 6+
1:15-1:30	Flood
1:30-3:00	OPEN Synchro
3:15-4:15	OPEN off ice

Wednesday

**no ice**

Thursday

**4:00-9:00**

4:00-6:00	Competitive/Star 6+
6:00-6:15	Flood
6:15-6:45	Pre-Canskate (ages 3-5)
6:45-7:45	Jumpstart /Star 1
7:45-8:00	Flood
8:00-9:00	Icebreakers – Adult FS with a group lesson

Sunday

**no ice**