

# Winter 2025/2026

| Monday    |                 |
|-----------|-----------------|
| 4:15-5:30 | <b>Star 2-3</b> |
| 5:15-5:30 | Flood           |
| 5:45-6:30 | <b>CanSkate</b> |
| 6:15-7:45 | <b>Star 4+</b>  |

| Tuesday   |                             |
|-----------|-----------------------------|
| 4:15-5:45 | <b>Star 2-3</b>             |
| 5:45-6:00 | Flood                       |
| 6:00-6:30 | <b>Pre-CanSkate</b>         |
| 6:00-6:45 | <b>Pre-PowerSkate</b>       |
| 6:45-7:45 | <b>Adult FS Icebreakers</b> |

| Wednesday |                                  |
|-----------|----------------------------------|
| 4:00-5:45 | <b>Star 4+</b>                   |
| 5:45-6:00 | Flood                            |
| 6:00-6:45 | <b>CanSkate</b>                  |
| 6:45-7:45 | <b>Jumpstart / Star 1</b>        |
| 7:00-7:45 | <b>Adult/Teen Learn to Skate</b> |

**\*Star 2+ off-ice:** Every 1st, 3rd & 5th (when applicable) Thursday each month at the Riverview Lions Club

**\*\*Star 8 synchro team off-ice:** (Star 4+) every 2nd and 4th Thursday of each month at the Rink

| Thursday  |                                      |
|-----------|--------------------------------------|
| 4:00-6:00 | <b>Star 4+</b>                       |
| 6:00-6:15 | Flood                                |
| 6:15-6:45 | <b>Pre-CanSkate</b>                  |
| 7:00-8:00 | <b>Star 2+ off-ice*</b>              |
|           | <b>Star 8 synchro team off-ice**</b> |

| Friday    |                 |
|-----------|-----------------|
| 4:00-5:00 | <b>Star 2-3</b> |
| 5:00-6:15 | <b>Star 4+</b>  |

| Sunday      |                                              |
|-------------|----------------------------------------------|
| 11:45-12:30 | <b>Jumpstart / Star 1</b>                    |
| 12:30-1:30  | <b>Star 2-3 Synchro</b>                      |
| 1:30-1:45   | Flood                                        |
| 1:45-2:45   | <b>Star 8 Synchro</b>                        |
| 2:45-3:00   | Flood                                        |
| 3:00-4:30   | <b>Open Synchro</b>                          |
| 4:30-4:45   | Flood                                        |
| 4:45-5:45   | <b>Adult 1 Synchro</b>                       |
| 5:45-6:00   | Flood                                        |
| 6:00-7:00   | <b>Adult FS Icebreakers</b><br>Group lessons |
| 7:00-7:45   | <b>Adult 3 Synchro</b>                       |